







ACCOMMODATION IN RAROTONGA

Before booking accommodation check out our special rates for the 2020 RRRR at selected Resorts & Holiday Homes. Book with us, receive free return airport transfers, we meet you on arrival with flower ei, bottle of water & welcome bag. Email us your flight details and we can send a quote, small deposit required with final payment 45 days before arrival.

43RD ROUND RAROTONGA ROAD RACE

2020 PROGRAM FOR THE WEEK <

TUES, 15 SEPTEMBER: NUTTERS CROSS ISLAND RUN

The Nutters Cross Island Run is approximately 8.5 km that starts at 2pm from Vaimaanga between the popular Wigmores Super Store and Vaima Restaurant and heads over ridges across rugged valleys and riverbeds down to the Avatiu Coastline. The remarks from this run have been branded the most difficult in the country. It is not recommended for the fainthearted. The record still stands unbeaten at 45 minutes, and promises to be an exciting challenge. If you think you can beat it, give it a go!

WED, 16 SEPTEMBER: ROUND THE ROCK RELAY

The relay will start at 4pm for all running teams from opposite the Spaghetti House Restaurant, Edgewater Resort. This is a fun event and all teams are encouraged to adopt a theme. Registration forms for the relay can be downloaded from the DMCK website at www.dmck.com or from our office at Turama House in Nikao.

THURS, 17 SEPTEMBER & FRI, 18 SEPTEMBER: FREE DAY TO EXPLORE THE ISLAND

Your opportunity to discover more of Rarotonga or just rest and relax before the big race day. To find out more about what to do and where to go on Rarotonga and to book your adventure – contact the DMCK team at events@dmck.co.ck

SAT, 19 SEPTEMBER: THE MAIN 31KM / 10KM RACE DAY

The 31 km race starts at Sinai Hall (across from Beachcomber in Avarua) at 5.30am and the 10 km race will start in Muri at 7.30am. Complimentary buses will be available to pick up participants in the morning to get you to the race by 5:30 am. Race Numbers and final check in will be conducted from the Marquees prior to race. At the finish line, there will be complementary drinks, light snacks and tropical fruit for all runners & supporters after the race.

SUN, 20 SEPTEMBER: PRIZE GIVING DINNER

Day of rest in the Cook Islands with limited activities available. If you missed out on the Lagoon Cruise today, we recommend you to attend the Sunday Church service where you can enjoy the distinctive traditional hymns of the Cook Islands. The Official Prize Giving Island Night Dinner & Show will kick off at 6:00 pm.

MON, 21 SEPTEMBER: HASH HOUSE HARRIERS / FREE DAY

HASH is one of the oldest surviving clubs on the island, and one of the longest serving and at times largest hash club in the Pacific and not one weekly run or walk has been missed since 1980. The Hash House Harriers run this year will see the culmination of 40 years activities and the commencement of their 41st year of running, walking and talking and wish to welcome all RRRR participants to join in on the celebrations with your best costumed attire from 5pm.



43RD ROUND RAROTONGA ROAD RACE 2020

INTERNATIONAL REGISTRATION COCCURRY

RACE WEEK: 15 TH – 21 ST SEPTEMBER (Registration closes on the 29 th August 2020) Last name:		First name:	Fligh	Evo Bag	
Gender: ☐ Male ☐ Postal address:	Female	Age on race day:			
Country:					
Email address:					
Phone/mobile:					
FLIGHT & ACCOMMODATION DE	TAILS:	< · · · · · < < # �	< . < <		
		Date of departure: Flight number:			
f accommodation is not booked	•	•			
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RACE CATEGORY: □ RRRR – 31 km Race □	DDDD 21 km Malk	☐ 10km Run	□ 401 <i></i>	m Malk	
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AGE GROUP CATEGORY YOU WO	ULD LIKE TO ENTER:				
□ Open Men □ Men 40 -	49 ☐ Men 50 – 59	☐ Men 60 – 69	☐ Men 70+		
☐ Open Women ☐ Women 3	5 – 44 🛛 Women 45 – 54	☐ Women 55 – 64	☐ Women 65+		
Reduced fee for children under 12	2-years (10km race only). Cl	hildren must be accomp	panied by an adult	. Entry for the main	
31km race is restricted to particip	ants aged 16-years and over	er.			
RACE REGISTRATION PACKAGE	ς.				
☐ Race Registration Full Packa					
Includes race entry, race numb	_	emorative t-shirt e-finis	hing photo and pri	ze giving dinner	
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☐ Support Pack Supporters Re		NZD			
Includes commemorative t-shi				\$2,956 \$2,956 \$1,000	
Size: ☐ Small ☐ Med ☐	Large □ XL □ XXL	\square XXXL			
EXTRAS YOU MAY WISH TO PU	RCHASE.			FACEBOOK SEARCH:	
☐ Prize Giving Dinner	\$50.00			ROUND RAROTONGA ROAD RACE	
☐ Commemorative T-Shirt	\$40.00			Inte	
Size: Small Med 🗆		□ XXXL			
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PAYMENT DETAILS:			••-		
☐ Visa ☐ M/Card	□ Direct/Deposit				
Credit card name:	· 	Credit card number:			
Expiry date:	Signature:		Total:		

DIRECT DEPOSIT DETAILS:

Beneficiary: Turama Pacific Travel Group

Bank Name: Westpac New Zealand Ltd, 79 Queen Street, Auckland, New Zealand

Bank Account: 030104 0182507-000 **Swift Code:** WPACNZ2W – Remit (NZ Dollars) (Please email receipt to events@dmck.co.ck). Registrations received after 30 August 2020 and up until the final cut off date of 5 September will incur a \$10 penalty fee.

*Completed forms can be email to events@dmck.co.ck which will be followed by a receipt of your payment.





Contact Island Car & Bike Hire "Lowest Prices Guaranteed". Scooters from \$12.50 p/day and small cars from \$35.95 per day.

Email: enquiries@islandcarhire.co.ck Quote: RRRR2020.

Office Use Only RACE #:

REF: